EXCEL PROCEDURES:

**JOINT REPLACEMENT**
- Total Knee
- Unicompartmental Knee
- Total Hip
- Total Shoulder
- Total Ankle

**SPINE**
- Single Level Lumbar Fusion
- Single Level Anterior Cervical Discectomy & Fusion
- Single Level Cervical Disc Replacement

**CONTACT:**
For additional information, contact your Human Resources representative.

At Twin Cities Orthopedics we take great pride in providing the highest quality of specialized care for muscle, bone and joint conditions. The EXCEL Orthopedic Surgery and Recovery Program was developed in an effort to advance the practice of orthopedic medicine by providing patients with successful outcomes, an elevated experience, and getting patients back to their favorite activities as soon as possible.

- **Total Coordination of Care**
  - Day one to full recovery

- **1-1 Personalized Concierge Service**
  - Your surgeon, family nurse practitioner and integrated care team will guide you through every step of the process

- **Surgery Performed in an Ambulatory Surgery Center**
  - An efficient alternative to a traditional hospital stay

- **Comfortable Orthopedic Recovery Suite**
  - Includes an elegant private room, therapy and 24-hour RN care

- **One Simplified Bill - Goal of Reducing the Cost of Health Care**
  - Savings up to 30% vs. a traditional hospital stay