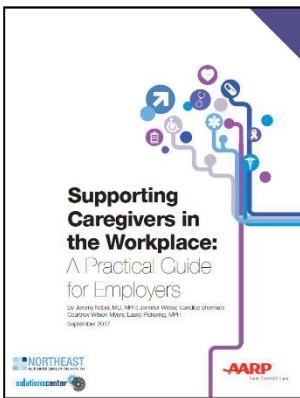


Working Family Caregivers: Resources for Employers

AARP supports the 1 in 6 employees who are caring for a loved one and working either full-time or part-time. Here are free resources employers can use to help support their working family caregivers. For more information, send an email to AskCaregiving@aarp.org

RESOURCES FOR HR/BENEFITS PROFESSIONALS AND LEADERS

EMPLOYER CAREGIVING TOOLKIT - www.employercaregivingtoolkit.org



AARP and the Northeast Business Group on Health have created a *free toolkit* to help employers in supporting their working caregivers. It has three parts, the first of which is the enclosed *Supporting Caregivers in the Workplace: A Practical Guide for Employers*. Other elements can be accessed online (www.EmployerCaregivingToolkit.org). Use the tools separately or together, to best serve your needs:

- Assess where you are vs. other organizations
- Review our practical guide—enclosed or found online as a PDF file
- Watch and share the supporting videos to hear the perspectives of both employers and employee-caregivers that provide insight into the issue

PREPARE TO CARE WORKSHOP – DO IT YOURSELF PROGRAMMING TOOLKIT



Conduct your own in-person or web-based workshop to arm your working family caregivers with needed resources and support. The toolkit includes presentation slides with script, sample promotional copy, sign-in sheet, participant survey, notes handout, a facilitator training presentation, and more.

SUPPORTING WORKING CAREGIVERS: CASE STUDIES OF PROMISING PRACTICES



A collection of 14 case studies from both the for-profit and non-profit worlds, and both large and small employers, highlighting promising practices employers are using to support their working family caregivers.

DETERMINING THE RETURN ON INVESTMENT: SUPPORTIVE POLICIES FOR EMPLOYEE CAREGIVERS



This report by AARP and Respect a Caregiver's Time (ReACT) finds that businesses offering flextime and telecommuting schedules saw a ROI between \$1.70-\$4.45 for every dollar invested in these policies.

RESOURCES FOR EMPLOYEES

PREPARE TO CARE – www.aarp.org/preparetocare



A resource guide you can give to your employees to help them make the job of caring more manageable. Information includes: how to have conversations with older family members, organizing important documents, assessing a loved one's needs, and locating important resources. Available in English, Spanish, Chinese, Asian American or LGBT. Custom versions are also possible.

DO YOU CARE CHALLENGE – www.doyoucarechallenge.org



Experience a day in the life of someone who is caring for a loved one and balancing everyday life. You'll walk away with an understanding of the joys and challenges of family caregiving and then be better prepared to offer support to a friend, family member or colleague who is caring for a loved one.

To request copies or access to these resources, send an email to AskCaregiving@aarp.org