



## Monthly Newsletter

April 26, 2022

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### The Alliance Events



## In-Person Event: 2022 Spring Symposium

[Register Here](#)

We're gearing up for our first in-person event in nearly two years! Please join us at the Monona Terrace on May 23 to discover how you can make better health plan decisions using data.

Several guest speakers will join us to discuss RAND Corporation's latest Hospital Price Transparency study, payment reform strategies for better hospital value, and benefit plan design that controls costs and fulfills your fiduciary obligations.

*This event has been approved for HCRI and SHRM CE Credits*

[Register Here](#)



## **Virtual Event: The Obesity Epidemic and Its Impact on the Workplace**

[Register Here](#)

Join us for our next webinar on June 8. Employers will learn about obesity's effects on their employees and how to prevent and manage this epidemic in the workplace.

The Alliance will be joined by Wisconsin Collaborative for Healthcare Quality (WCHQ), M3 Insurance, and Health Payment Systems (HPS) to bring forth an employer panel and several subject matter experts in psychology, primary care,

health communications, human resources, and obesity medicine to help address this common chronic illness in an integrated, effective, and straightforward manner.

Employers will come away with a comprehensive understanding of obesity's causes and effects on health, how it impacts their business, and guidance on obesity management within the workplace.

[Register Here](#)

## Our Blog



### **Five Strategies for a Smarter Self Funded Health Plan**

Employers are switching to self funded health plans quite rapidly, but the swing from fully insured to self funded health plans did not happen overnight. Health care costs have grown steadily for decades, but they have especially ballooned in recent years. 2022...



[Read more](#)



### **How Employers Help Their Employees Avoid Balance Billing**

We hosted employers for an action-packed hour to talk about how you can guide your employees to avoid costly balance billing. If you missed the webinar, you can view the recording or read on for a detailed recap of this important topic. Out-of-network claims...



[Read more](#)



### **Health Policy Trends New Legislation Affecting Employers**

It's peak legislative season, which means a lot of proposed bills are being reviewed and discussed at both the state and federal levels. We aim to keep our employers in the loop when it comes to trending health policy topics and legislative proposals. As of the...



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## Provider Updates

### Behavioral Health

Center Valley Counseling - Madison, WI  
Driftless Area Behavioral Services - Platteville, WI  
Hakes Wellness Solutions - Chippewa Falls, WI  
KR Christian Counseling Center - La Crosse, WI  
Love Psychotherapy - Monona, WI  
Matrix Mental Wellness - Janesville, WI  
Modern Thrive Counseling - Sun Prairie, WI  
Moonkress Therapy and Consulting - Madison, WI  
Woven Path Therapy - Madison, WI

### Clinic

Jovive Health - Illinois PC - Multiple Locations, IL  
Russo Physical Therapy - Madison, WI

### Hospital

UW Health at The American Center - Madison, WI

## How Are We Doing?

*Answer one question to let us know!*

**How likely is it that you would recommend The Alliance to a friend or colleague?**

Highly Unlikely

Highly Likely

0 1 2 3 4 5 6 7 8 9 10



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